



ARK Seniors Banff Day Trip May 2025

www.arkseniorscalgary.com

Connect with nature, create memories, experience more of life with ARK.

Date: Sunday, May 4th, 2025

Time: 9:30 AM

Meeting Location: Westbrook Parking Lot SW Corner
Near the Westbrook CTrain Station

RSVP before April 27, 2025 to enjoy this fantastic opportunity.
The ARK Seniors volunteers may be able to provide transportation (if required).
Seating for lunch is limited, so reserve your spot today.

Contact us by email: info@arkseniorscalgary.com
or Cell: Angeliki at 403.923.5175, or Van at 403.852.7646

Enjoy world-class Banff! Take the time to relax with nature with a stroll, hike, exploring the falls, soaking in the Banff Upper Hot Springs, visiting the museum or simply enjoying some window shopping to your heart's delight.

The spring event is inspired to rejuvenate and refresh the mind and body as we prepare for the promise of summer as it steadily and characteristically arrives in June.

After enjoying Banff your way, let's gather
at 2 PM at the Old Spaghetti Factory at 317 Banff Ave, for a complimentary lunch on us.
We will depart from the Old Spaghetti Factory Parking Lot by 4 PM for Calgary.

